














# Help us prevent Long COVID!



## What is long COVID?

The symptoms of acute COVID usually do not last for more than 4 weeks. A small proportion, however, might continue to have persistent symptoms or develop new ones even after this period.

## These symptoms include

-  Weakness/  
Fatigue/Tiredness
-  Shortness of breath/  
Difficulty breathing
-  Muscle Pain  
/Aches
-  Headache,  
memory disturbances
-  Palpitations  
or Chest Pain
-  Fever
-  Inability to concentrate  
or sleep properly
-  Trouble  
Speaking
-  Loss  
of smell
-  Persistent  
Cough
-  Depression/  
Anxiety

The World Health Organization says if someone has the below persisting symptoms **beyond 3 months after SARS CoV 2 infection**, they may have Long COVID.

Long-term COVID has also been related to cardiovascular problems.

**There are currently NO pharmacological treatments to prevent Long COVID.**

This hospital is recruiting subjects for a clinical trial "Colchicine for Prevention of LONG COVID" aims to treat the prevention of Long COVID.

**If this drug is shown to be successful in reducing persistent symptoms, this will be the first treatment for this condition.**

**If patients visiting your OPD show the above persistent symptoms between 3 weeks and 12 weeks, following SARS-COV-2 infection, please contact**

| Name | Room number | Phone number |
|------|-------------|--------------|
|      |             |              |